

HEATH LANE CHILDRENS CENTRE INFORMATION FOR NEW PARENTS



Congratulations on your new arrival!

We hope that you are already aware of Surestart Children's Centre's, which have been springing up over the past few years. If not, allow us to introduce ourselves to your growing family.

Heath Lane Children's Centre opened its doors to families in Boxmoor, Apsley, and Hemel New and Old Towns in August 2007.

We are a one stop shop offering information and advice to parents with children under 5. We also provide local services that have been requested by our families, including parent and toddler groups and stay & play sessions during the school holidays. We work very closely with other groups within our community and signpost families to their activities. We have a large range of information on health, employment, training, parenting support childcare and much more!!

Who are we?

Anita Harris

Children's Centre
Manager

Stephanie Hudson

Children's Centre
Administrator

Mary Plows and

Jessica Foster-

Edwards

Children's Centre
Outreach Workers

Some of the activities on offer for families with new babies....

- New Beginnings Baby Cafe - Mondays 2.00-3.00pm Warners End Community Centre
- Breast feeding cafe - Every Thursday, 1.30-3.00pm, South Hill Centre
- Under 1's group - Every Thursday, 10.00 - 11.30am, Chaulden Community Centre
- Hartbeeps Baby Bells music group (0-6mths)- Thursdays, 3.30 - 4.15, St Marys Church Hall
- SWANS - for babies/children with additional needs, Thursdays, 9.15-11.30 South Hill Centre
- Stay, Play and Weigh - Fridays, 12.30-2.00pm Child Health Clinic, Dacorum Sports Centre



HEATH LANE CHILDRENS CENTRE

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SureStart

Want to get involved?

You can register your family with us by completing and returning the form enclosed with this pack. By doing so, we will be able to keep you up to date with regular emails and news letters, detailing all children's centre services and activities.

New Families Drop-In Sessions

We also hold new parent drop in sessions every term, where you can register over a cup of coffee, and meet other families and your children's centre staff. Simply call us if you would like to come to the next session.

